



## Weekly Menu W/C 14<sup>th</sup> September 2020

w/c 14/09/2020	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	BBQ Chicken Wrap – Pineapple Salsa & Carrot Salad Served with Fries	Bo Kno Bowl (Braised Beef) with Steamed Rice	Quirky Bird – Lemongrass & Turmeric Chicken with Bombay Potatoes, Naan Bread	Sweet & Sour Pork with Rice served with Prawn Crackers	Breaded Plaice with Chips
	£4.65	£4.65	£4.65	£4.65	£4.65
<b>Vegetarian Meal</b>	Mixed Falafel Wrap – Pineapple Salsa & Carrot salad served with Fries	BBQ Vegetable Skewers with Steamed Rice	Vegetable Kashmiri Curry with Bombay Potatoes, Naan Bread	Vegetable Sweet & Sour served with Rice & Prawn Crackers	Bean Chilli, Sweet Potato Wedges served with Sour Cream & Nachos
	£4.65	£4.65	£4.65	£4.65	£4.65
<b>Grab &amp; Go</b>		Spring Roll, Rice & Curry Sauce		Lamb and Mint Burger	Southern fried Chicken wrap with Lemon Mayo & Gem Lettuce
	£3.60	£3.60	£3.60	£3.60	£3.60
<b>Hot Snack</b>					
	£2.45	£2.45	£2.45	£2.45	£2.45

The menu maybe subject to late changes