

# WEEKLY MENU 16th March 2020



|                                | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  |
|--------------------------------|--|--|--|--|---|
| <b>TODAY'S SOUP</b><br>£1.25   | Spicy Bean and Tomato (VE)   | Colcannon Soup (V)                                 | Vegetable Broth(VE)  | Carrot and Fennel Soup(VE)   | Cream of Leek and Potato (V)                                      |
| <b>THE MAIN EVENT</b><br>£4.65 | Mexican Chicken served with Pepper Rice, Corn Tortilla Chips and Sour Cream. | (EQ) -Irish Beef Stew served with Buttered Cabbage | Murgh Pasanda Makhani(Chicken Curry) served with steamed Rice and a Poppadum | Honey Baked Gammon served with creamy Mashed Potato and Parsley Sauce or Gravy | Battered Pollock served with Chips, Lemon wedge and Tartare Sauce |
| <b>LIGHT BITE</b><br>£2.80     | Jackfruit and Bean Chilli served with Rice and Corn Tortilla Chips (VE)      | Vegan Shepherds Pie (VE)                           | Aubergine, Lentil and Pepper Curry served with steamed Rice (V)              | Root Vegetable and Lentil Cassoulet (VE)                                       | Nut Roast served with Tomato and Basil Sauce (V)                  |
| <b>HOT DELI</b><br>£3.60       | Broccoli and Mushroom Tart served with Spinach Salad (v)                     | Cod Fishcakes and Chips served with Tartare Sauce  | Jumbo Sausage Roll served with Baked Beans                                   | Southern Fried Chicken wrap with crispy Iceberg and Lime mayo                  | Beef Chilli, Chips and Cheese                                     |
| <b>JACKET FILLING</b><br>£1.95 | Breakfast Beans  | Spicy Chicken and Vegetables                       | Savoury Beef and Vegetables  | Spicy Chicken  | Creamy Ham and Mushrooms  |
| <b>HOT DESSERT</b><br>£1.60    | Glazed Orange and Lemon Sponge   | Warm Chocolate and Guinness Cake                   | Pineapple Fritters   | Pear and Apple Crumble   | Chocolate Sponge and Chocolate Sauce                              |