

WEEKLY MENU 17th June 2019



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TODAY'S SOUP £1.25	White Onion , Potato and Parsley Soup (ve)	Morrocan Chickpea and Spinach Soup (ve)	Classic Tomato and Basil Soup (v)	White Bean and Chorizo	Corn Chowder (v)
THE MAIN EVENT £4.65	Thai Green Pork Curry srved with Sticky Rice and Prawn Crackers	Mexican Tostados Beef or Vegetable(v) Tostados served with Shredded Iceberg ,Sour Cream , Grated Cheese and Crispy Tortilla	Spanish Braised Chicken in Red Wine and Tomatoes and served with potatas Bravas	Carvery Baked Gammon served with Onion and Parsley Sauce and Roast Potatoes	Breaded pollock served with tartare sauce or Sole served in caper and Lemon Butter
VEGETARIAN OPTION £4.65/£2.80	Lentil , Mushroom and Spinach Curry served with Sticky Rice and Prawn Crackers(v)	Stilton , Leek and Broccoli Frittata served with Tomato Salad (v)	Potato Gnocchi served in Florentine Sauce with Kale and Spinach(v)	Sweet and Sour Sicilian Aubergine Stew(ve)	Whole-wheat Penne Putanesca served with Olives (ve)
HOT DELI £3.60	Toad In The Hole	Fish Finger Bap served with lettuce and Tartare sauce	Lamb Burger served with Cajun Mayo and Crispy Onions	Halloumi and pepper Pastry Slice	Lamb Kofta Flatbread
JACKET FILLING £1.95	Quorn Chilli (v)	Pork and Vegetable Curry	Spicy Beef	Chicken Stew	Creamy Ham and Mushrooms
HOT DESSERT £1.60	Glazed Orange Sponge served with Custard	Apple and Caramel Crumble served with Custard	Raspberry Bakewell served with Custard	Coconut Baked Rice Pudding	Jam and Suet Pudding served with Custard