

WEEKLY MENU 10th June 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TODAY'S SOUP £1.25	Spiced carrot & lentil (V)	Broccoli & stilton (V)	Mushroom & tarragon (V)	Roasted red pepper, sweet potato & smoked paprika (V)	Pea & spinach (VE)
THE MAIN EVENT £4.65	Grilled Pork Steak served with Peach, Rocket and Red Onion Salad	Rokamama - Sticky ginger and chilli chicken served with Noodles with Rokamama house sauce	Feast Indonesia- Rendang Padang Indonesian beef curry served with nasi uduk coconut sticky rice	Moroccan lamb tagine with lemon & pomegranate bulgur wheat	Battered pollock served with tartare sauce or EQ Hake and Coconut Curry with Steamed Black & Wild Rice
VEGETARIAN OPTION £3.60	Cappelletti Romagnoli with Tomato, Rocket and Red Onion Salad (V)	Rokamama - sticky sesame tofu served with Noodles (V)	Feast Indonesia Terong Balado - aubergine & sweet potato curry (V)	Pearly Barley Risotto with Roasted Vegetables and Crumble Goats Cheese	Macaroni cheese with seasonal salad (V)
HOT DELI £3.60	Fishcake with Skinny Chips	Goats Cheese Brushetta with Black Olive Tapenade	Falafels with Houmous in a Wrap	Hound dog -slim dog millionaire - today's house sausage in a brioche hot dog roll with house mustard and ketchup	Croque monsieur - Wilshire ham toastie filled with Dijon mustard, emmental cheese topped with béchamel sauce.
JACKET FILLING £1.85	Bean Cassoulet	Vegetable Chilli	Boston Beans	Beef Curry	Fruity lamb stew
HOT DESSERT £1.55	Pineapple upside down cake	Peach & Apple Crumble	Old - fashioned Rice Pudding	Steamed Syrup Sponge	Chocolate & banana bread and butter pudding