

WEEKLY MENU 18th March 2019



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TODAY'S SOUP £1.25	Red Lentil, Chickpea & Chilli (VE)	Potato, Onion & Parsley (VE)	Pea & Spinach (VE)	Bacon, Leek & Butterbean	Mushroom & Roasted Garlic (V)
THE MAIN EVENT £4.65	Peri Peri Chicken with Wedges and Coleslaw	Greek Lamb with Orzo Pasta topped with Feta Cheese served with Garlic Bread	Beef Madras served with Rice & Poppadum's	Stir fried Chicken, Cashew & Pineapple served with Noodles or Rice	Breaded Scampi served with Tartare Sauce OR Tuna Niçoise
LIGHT BITE £2.80	Sweet chilli Quorn with Noodles (V)	Spinach, Sweet Potato Tortilla served with Tomato Salad (V)	Warm Flatbread Topped with Red Pepper Houmous & Falafels (V)	Roasted Vegetables, Orzo Pasta with Cheese Crisps (V)	Cannelloni Filled with Spinach & Ricotta Cheese (V)
HOT DELI £3.60	Sloppy Joes Pitta Pizza	Selection of Pies & Pasties	Spring Rolls with Curry Sauce	Cajun Chicken Wings & Coleslaw	Loaded Potato Skins with Bacon & Mature Cheder
JACKET FILLING £1.95	Breakfast Beans	Spicy Chicken Stew	Savoury Lamb	Beef & Vegetable Curry	Oriental Chicken
HOT DESSERT £1.60	Warm Lemon Tart	Bread & Butter Pudding	Chocolate Sponge with Chocolate Sauce	Sussex Puddle Pudding	Jam Roly Poly