

WEEKLY MENU 18th February 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TODAY'S SOUP £1.25	Tomato & basil (VE)	Sweet potato & coconut (V)	Pea & mint (V)	Cauliflower & cumin (VE)	Leek & potato (V)
THE MAIN EVENT £4.65	Thai green pork curry served with green herbed rice , prawn crackers and carrot chutney	Feast -Greek Souvlaki Arnu, Lamb & feta koftas served in a pitta bread with mint yoghurt served with fakes salata puy lentils	Quirky Bird - Buttermilk fried chicken served with skinny potato fries	Honey glazed gammon served with bubble and squeak or roast potatoes	Breaded pollock served with tartare sauce or teriyaki tuna
LIGHT BITE £3.60	Lentil mushroom and spinach curry with green herby rice rice	Spanakopita - Spinach filo pie with greek salad	Potato gnocchi in creamy butternut & baby spinach sauce	Vegan shepherds pie	Wholewheat penne putanesca served with garlic bread
HOT DELI £3.60	Hot chicken caesar wrap with baby gem lettuce and caesar dressing	Pulled bbq pork bap with coleslaw	Jumbo sausage roll with onion chutney	Minted lamb burger, minted yoghurt and crispy onions	Haddock and spring onion fishcakes
JACKET FILLING £1.85	Goulash meatballs	Ham and mushroom	Pork and vegetable curry	Beef bolognaise	Mediterranean chicken
HOT DESSERT £1.55	Marmalade choc chip pudding	Apple and sultana pie	Banana pudding with butterscotch sauce	Apricot and pear crumble	Lemon curd pudding