



WEEKLY MENU 14th January 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TODAY'S SOUP £1.25	Cream of leek and potato soup (V)	Carrot and ginger soup (VE)	Hot and sour szechuan vegetable soup (VE)	Red lentil and coconut soup (V)	Roasted cauliflower soup (V)
THE MAIN EVENT £4.65	Chinese style 5 spice braised beef Or tangy vegetable tagine served with barley and lentils	Lamb and root vegetable pie topped with mustard mash potato Or vegetarian cottage pie	Platinis road trip- Butter chicken curry Or aubergine, chickpea, potato and mustard curry served with Kashmiri pilaff rice and poppadum	Roast leg of pork served with apple sauce, Yorkshire pudding and roast potatoes	Breaded pollock served with homemade tartare sauce, lemon wedge and chips
LIGHT BITE £2.80	Sweet and sour Sicilian aubergine stew (VE)	Three bean Mexican chilli served with spiced sweet potato wedges (VE)	Beetroot risotto with a selection of toppings (VE)	Falafel superfood bowl (V)	Cheese and spinach tart served with a mixed salad (V)
HOT DELI £3.60	Ham, cheese and tomato panini	Cumberland sausage ring served with onions in a floured bap	Jumbo sausage roll	Cheeseburger	Lamb kofta flat bread
JACKET FILLING £1.95	Breakfast beans	Oriental beef	Savoury lamb	Chicken and vegetable curry	Pork stew
HOT DESSERT £1.60	Baked apple meringues	Sticky toffee pudding	Saucy chocolate pudding	Syrup and lemon sponge	Warm raspberry and white chocolate muffin