

WEEKLY MENU 4th February 2019



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	£1.25 Spiced Indian lentil soup (VE)	Caldo verde soup (V)	Roasted carrot and fennel soup (VE)	Simply tomato soup (VE)	Chunky leek and potato soup (V)
THE MAIN EVENT	£4.65 Lamb keema Or vegetable korma served with steamed rice, raita , Chutney and poppadum (V)	Jamaican jerk chicken served with rice and peas, homemade slaw and jerk gravy	Beef and vegetable cobbler Or sweet potato, butternut squash and caramelised onion hotpot (V)	Baked lemon, herb and pepper chicken served with garlic and herb roasted potatoes	Battered pollock with lemon and homemade tartare sauce Or Baked tuna steak with salsa Verde
VEGETARIAN	£2.80 Pearl barley and sage risotto with baked butternut squash and baby spinach (V)	Macaroni cheese made with mature British cheddar (V)	As above	Vegetable biryani with raita and chutney (V)	Roasted sweet potato, leek and red onion frittata (V)
HOT DELI	£3.60 Warm bagel filled with ham , tomato and cheese	Selection of pies and pasties	Crispy chicken goujon wrap with sweet chilli sauce and mayo	Cumberland sausage ring served in a floured bap	Tandoori chicken flatbread
JACKET FILLING	£1.95 Spicy beef chilli	Breakfast beans	Lamb curry	Savoury beef	Mediterranean chicken
HOT DESSERT	£1.60 Baked bramley apple crumble	Waffle bar	Chocolate and orange bread and butter pudding	Treacle sponge	Pineapple upside down pudding