











Week Commencing 21 st May 2012	Monday	Tuesday	Wednesday	Thursday	Friday
Big on Soup £1.07	Sweet Potato and Lentil Soup	Cream of tomato and basil	Cream of Carrot and Parsnip	Potato , Celery and Onion Soup	Cream of Chicken , Leek And Tarragon
Chef's Theatre £4.00	Cajun Chicken served with Salsa and Rice 	Chinese Beef and Mushrooms served with noodles ▶ G	Picadillo served in Taco Shells with Mixed Leaf ▶ G 	Pork Pad Kee Mao (Thai Based Curry) G ▶  CHU	Warm chicken and bacon salad ▶ G
Chef's Classic £3.48	Beef Goulash  G ▶	Pork and Mushroom Stroganoff G ▶	Roast beef and Yorkshire Puddings ▶	Chicken and Chickpea Madras MEAL DEAL ▶  G	Breaded Fish served with homemade Tartare Sauce ▶
Vegetarian £3.07	Stir fried Quorn in black bean sauce ▶ G	Macaroni , Tomato and red Leicester Cheese ▶	Leek and mushroom risotto topped with parmesan G ▶	Spicy Bean Wraps served with Coriander and mint Yoghurt G ▶ 	Vegetarian Cottage Pie topped with Sweet Potato Mash ▶
Light bite £2.15	Three Cheese Pizza G ▶	Spicy Beef and Nachos  G ▶	Roasted vegetable Tartlets ▶	Cumberland Sausages and Onions ▶ G	Garlic Mushrooms en Croute ▶
Jacket Filling with Jacket Potato £2.97	Curried Beans	Beef stew	Chilli con Carne	Satay Pork	Chicken Curry
Hot Deli Filling	Sausage Rolls	Thai Chicken	Cajun beef	Roast pork and stuffing	Roast Beef and Onions
Side Orders Potatoes £0.92 Vegetables £0.82	Creamed Potatoes Sauté Potatoes Sweetcorn Broccoli	New Potatoes Potato Wedges Steamed Cauliflower Carrots	Roast Potatoes Buttered New Potatoes Diced Swede Button Sprouts	Garlic and Herb Potatoes Steamed Rice Lentil Dhal Vegetable Medley	Chipped Potatoes Baby Jackets Garden Peas Ratatouille
Hot Pudding £1.38	Bread and Butter Pudding	Apricot and Apple Charlotte	Banana Fritters	Pear and Peach Crumble	Lime Meringue Pie

▶ **High in Calories** ▶ **Moderate Levels of Calories or Saturated Fat** ▶ **Low in Calories or Saturated Fat. Eat Regularly as Part of Healthy Diet**

N – Contains Nuts G - Contains Garlic V – Suitable for Vegetarians

 Mild  Medium  Hot